



## TA101 **Online program**

# Introduction to transactional analysis for coaches, consultants and leaders

EVERY 2ND MONTH FROM 21-22 JULY 2020

TRAINER:  
DRS SARI VAN POELJE

Knowledge  
is of no value  
unless you put it  
into practice.

ANTON CHEKHOV

## **THE PURPOSE**

**ICF accredited 6,5 cce and 6,25 resource points**

Transactional Analysis (TA) is a practical theory of personality, communication and change. It is a powerful tool for professional and personal growth. The goal of transactional analysis is to increase awareness, spontaneity and the capacity for relationship.

This twoday workshop is for anyone who is interested in expanding his or her insight into human behaviour and change. It will enable you to create new possibilities in your life, relationships and your organisation.

## **THE GOALS**

By the end of the program participants will have :

- Understood the basic individual concepts of transactional analysis
- Learned how to apply them to their own life and development
- Made an action plan to improve their quality of life

## **THE PROGRAM**

This program is for helping professionals such as coaches, consultants and leaders , who want to deepen their coaching and development skills. The program is based on transactional analysis.

The program is based on the internationally recognized accreditation for TA101.

During the workshop you will learn about:

- Development of TA and TA values
- Structural analysis: who am I and development of self
- Transactional Analysis: effectiveness in communication
- Rackets and games: miscommunication and getting out of games
- Script analysis: rewriting your life story
- Strokes as a motor for change

## **PLANNING**

The program is given online via Zoom. The next program will take place on

- **21-22 July 2020**
- **1-2 September 2020**
- **24-25 November 2020**
- **26-27 January 2021,**
- **2-3 March 2021**
- **14-15 May 2021**

Working times are from 09:00-16:00. The program is in English, with the possibility of different translations.

## **COST**

The costs are 250 Euro per individual and 350 Euro per organizational participant.

## **REGISTRATION**

More information? **[www.intactacademy.com](http://www.intactacademy.com)**

Register through email: <https://intactacademy.com/planning/>

## **YOUR TRAINER**



Drs Sari van Poelje is an international team coach and expert on agility and innovation. Sari has been the director of Intact Academy for 35 years, training coaches and consultants all over the world. She works as a consultant in Team Agility with multinationals, family businesses and startups to help them innovate their business more quickly than their products, so that they can accelerate their time to market. Sari has 33 years' experience of coaching and consulting with managers and directors and has been a director in multinationals for 23 years.

She is a licensed teaching and supervising transactional analyst, PCM trainer, NOBCO-EMCC accredited master coach, master systemic team coach. She has published numerous articles and books on leadership, coaching and organizational change.